

## SKIN CARE CONSULTATION – PRE-APPOINTMENT INFORMATION

Name (First, Last) \_\_\_\_\_  
Street Address \_\_\_\_\_  
City, State, ZIP \_\_\_\_\_  
Phone Number \_\_\_\_\_  
Email address \_\_\_\_\_  
Birth Date (MM/DD/YYYY) \_\_\_\_\_



Medical Conditions - Current and Past (check any that apply)

- Thyroid Issues                       Diabetes  
 Psoriasis                                 Sunburn or Windburn easily  
 Atopic Dermatitis (eczema, rosacea)  
 Radioactive or Chemotherapy treatments

Are you pregnant and/or nursing?

- Yes    No

Menopause

- N/A    Pre-Menopause    In Menopause    Post-Menopause

Medications and Treatments (Check any that apply)

- Applied Retin-A within the last 2 weeks  
 Applied Topical Steroids within the last 2 weeks  
 Applied AHAs (Alpha Hydroxy Acids) within the last 2 weeks  
 Applied Hydroquinone within the last 2 weeks  
 Applied Accutane within the last 6 months  
 Currently on Prescription Acne treatment  
 Currently receiving Hormone therapies  
 Currently using Birth Control pills

List any other Dermatologist prescriptions or treatments not listed above.

Rate your normal stress level.

- Low    Medium    High

Rate your daily sun exposure level.

- Low    Medium    High

What are your areas of concern? Check all that apply.

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Breakouts/acne | <input type="checkbox"/> Uneven skin tone    | <input type="checkbox"/> Blackheads/Whiteheads      |
| <input type="checkbox"/> Sun damage     | <input type="checkbox"/> Excessive oil/shine | <input type="checkbox"/> Wrinkles/Fine lines        |
| <input type="checkbox"/> Rosacea        | <input type="checkbox"/> Dull dry skin       | <input type="checkbox"/> Broken capillaries         |
| <input type="checkbox"/> Flaky skin     | <input type="checkbox"/> Dehydrated          | <input type="checkbox"/> Sun, liver, or brown spots |
| <input type="checkbox"/> Other          |  |   |

---

---

---

## SKIN CARE CONSULTATION – PRE-APPOINTMENT INFORMATION

Skin Care Steps		Current Products	Esthetician Notes
<b>M O R N I N G</b>	Pre-Cleanse		
	Cleanser		
	Toner		
	Essence		
	Serum		
	Treatment		
	Oil		
	Moisturizer		
	Sunscreen		
<b>E V E N I N G</b>	Pre-Cleanse		
	Cleanser		
	Toner		
	Essence		
	Serum		
	Treatment		
	Oil		
	Moisturizer		
<b>W E E K L Y</b>	Exfoliant		
	Mask		
<b>Other Products or Notes</b>			

