

# Micro/Nano/Powder brows Touch-up and Maintenance Aftercare

**\*\*\* FAILURE TO FOLLOW AFTER-CARE INSTRUCTIONS MAY RESULT IN SCARRING, INFECTIONS, PIGMENT LOSS OR DISCOLORATION. \*\*\***

## ***AFTER THE PROCEDURE:***

One hour after you leave the salon, use the provided gauze (one for each eyebrow) to blot your eyebrow. This absorbs the lymphatic drainage to prevent scabbing during the healing process.

## ***DAYS 1-7:***

Wash the brow area twice per day followed by applying the healing cream provided in your aftercare kit.

- At the start and end of each day, for 7 days, use your clean fingertips with the green soap provided in the aftercare kit. Once the green soap is used up, use a mild soap, like Cetaphil, to gently cleanse your eyebrows for 10-15 seconds.
- Avoid using any cleansing products that contain exfoliants or acids (glycolic, lactic, or AHA).
- Keep in mind the cleansing should not be a thorough scrub-down, it just needs to be done by rubbing the brow area in a soft, smooth manner.
- When rinsing, be sure to rinse every trace of soap from the brow area.
- Dry the entire eyebrow area completely by blotting it with a clean tissue.
- For the first 4 days use a clean finger to apply a small amount of the healing cream to the brow area. Do not apply the ointment unless the area is dry.
- Less is more when considering how much ointment to apply; the amount applied to each eyebrow should be comparable in size to half of a grain of rice.
- For the first 4 days healing cream should only be applied twice per day following the washes to avoid suffocating the skin and interfering with the skin's natural healing process.

## ***THINGS TO AVOID:***

\*\*\*It is critical to avoid the following for 7 days after your procedure.

- Touching the brow area except when washing or applying healing cream.
- Scratching, picking, or peeling the brow area, as it can cause scarring and/or color loss.
- Applying any makeup, moisturizer, lotion, or sunscreen to the brow area.
- Sun exposure - sun tanning - salon tanning
- Laser or chemical peels, and any other form of exfoliation.
- Exercise - participating in sports and activities that induce perspiration.
- Long, hot baths or showers - Jacuzzis - saunas - swimming
- Applying any creams to your face or neck containing retinol or glycolic acid.
- Engaging in tasks like heavy household cleaning where airborne debris can become prevalent.
- Transportation in open-air-vehicles where strong wind is likely, for example, driving in cars with windows down, convertibles, motorcycles, bicycles, and boats.

***DON'T FORGET TO BOOK YOUR MAINTENANCE APPOINTMENT FOR 18 MONTHS FROM NOW.***

