

Dermaplaning Aftercare



This guide is two parts. The first is the do's, don'ts, and recommendations for after you receive your treatment. The second part is directions for using the after-care kit you are receive at your appointment.

PART 1 - DO'S, DON'TS, and RECOMMENDATIONS

FIRST 3 DAYS AFTER RECEIVING YOUR DERMAPLANING TREATMENT

- You may experience some redness or a warm pinkish glow that will subside within 24 hours. Afterwards you skin will appear healthy, refreshed, and rejuvenated!
- Avoid direct sun exposure, and extreme heat as your skin is more photo sensitive.
- Avoid chlorine (e.g., swimming pools, spas, etc.)
- Do not use scrubs or exfoliators.
- Apply ELEMIS Pro-Collagen Marine Oil after cleansing, each morning and evening.
- Use Sunscreen daily and apply makeup as you normally would

FIRST WEEK AFTER RECEIVING YOUR DERMAPLANING TREATMENT

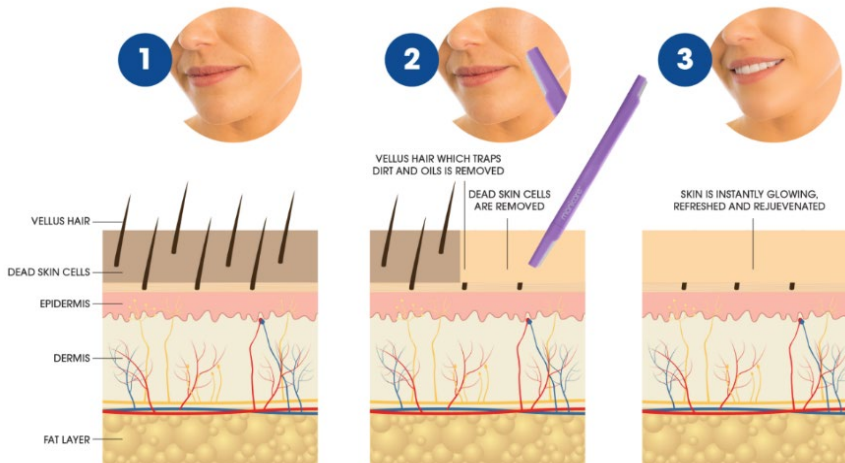
- Do not use scrubs or exfoliators.
- Avoid chlorine (e.g., swimming pools, spas, etc.)
- Use Sunscreen daily and apply makeup as you normally would

OTHER PRECAUTIONS/RECOMMENDATIONS

Take care of your skin during the short recovery process to ensure the best outcome. This includes moisturizing your skin and wearing sunscreen when spending any amount of time outside.

Continue with **ELEMIS Pro-Collagen Marine Oil** after cleansing, each morning and night (you can purchase this product from my salon).

You may see visible results after the first treatment. To achieve lasting and remarkable results, we suggest regular dermaplaning treatments spaced 3-4 weeks apart, supplemented by a recommended skin care regime.



*****FAILURE TO FOLLOW AFTER-CARE INSTRUCTIONS
MAY RESULT IN DISAPPOINTING RESULTS.*****



Dermaplaning Aftercare Kit

PART 2 – HOW TO USE YOUR AFTER-CARE KIT

Along with your Dermaplaning service, you will receive a take home kit to assist in the aftercare process and allow you to try out the best products for keeping your skin in the best possible condition.

The kit contains samples of:

- Elemis Pro Collagen Rose Cleansing Balm
- Elemis Pro Collagen Energizing Marine Cleanser
- Elemis Pro Collagen Rose Facial Oil
- Elemis Pro Collagen Pro Collagen Marine Cream
- Elemis Sensitive Soothing Milk

Full sizes of each of these products are for sale at my salon.

Use the products as follows:

1. Start with the **Elemis Pro Collagen Rose Cleansing Balm.**
Using dry hands warm a pea-sized amount between palms and then massage over face, neck and décolleté with light circular massage movements. Remove with warm water or a damp cloth.
2. Next use the **Elemis Pro-Collagen Energizing Marine Cleanser.**
Massage a pea-sized amount into wet skin with fingertips, adding warm water to create a lather. Rinse off and pat dry with a towel.
3. Next use the **Elemis Pro-Collagen Rose Facial Oil.**
Massage 3-4 drops onto the face, neck and décolleté in upward strokes. Wait 30 seconds before proceeding to step 4.
4. Next use the **Elemis Sensitive Soothing Milk.**
Using dry hands warm a pea-sized amount between palms and massage into the face and neck with circular movements. Enjoy the benefits of this calming moisturizer!
5. Finally, use **Pro-Collagen Marine Cream.**
Use this on day 2 in place of Sensitive Soothing Milk as a moisturizer morning and evening. Using dry hands warm a pea-sized amount between palms and gently smooth over face, neck and décolleté in upward strokes.

