



## Are You a Candidate for Semi-Permanent Eyebrows? (Microblading/Nano Brows/Powder Brows)

If you have any history or currently have any of the following, a doctor's note maybe required.

Alopecia	Anemia	Artificial Heart Valve
Blepharoplasty	Blood Thinners	Bruise/Bleed Easily
Cancer	Chemo Therapy	Circulatory Problems
Cold Sores	Cysts	Diabetes
Epilepsy	Fainting Spells or Dizziness	Graves' Disease
Growths	Healing Problems	Hemophilia
Hepatitis	High Blood Pressure	HIV/AIDS
Liver Disease	Low Blood Pressure	Nursing
Pregnant	Prolonged Bleeding	Psoriasis
Scar Easily	Shingles	Strokes
Thyroid Disturbances	Trichotillomania	Tumors

### Things to Avoid 2 Week's Prior to having your Semi-Permanent Eyebrow procedure:

Acne Treatments	Alpha Hydroxy Acids	Botox
Peels	Retin A	Sunburns
Topical Steroids	Steroids	Glycolic Acids

### Things to Avoid the Day before & Day of your Semi-Permanent Eyebrow procedure:

Alcohol	Garlic	Grape Seed Extract
Caffeine	Cayenne Pepper	Dong Quai
Aspirin	Vitamin E	Feverfew
Ibuprofen	Cassia Cinnamon	Bromelain
Turmeric	Ginko Biloba	



### **What to Expect the First Week:**

During this period your brows will be very dark, bold and slightly swollen. The darkness is to ensure color absorption but will lighten in the following week.

### **What to Expect the Second Week:**

Now your brows will start to lighten significantly, typically between 30-50%! Your brows will also start to peel, along with some of the color - don't worry this is normal. Since the brows are healing they may feel a little itchy but please don't scratch.

### **What to Avoid Two Weeks After your Semi-Permanent Eyebrow procedure:**

To take the best care of your brows you will need to avoid any cleansing products that contain exfoliates and or acids. Please avoid touching and picking the bladed area. No makeup, moisturizer, lotion, or sunscreen can be used on the brow area. No retinol or glycolic acid to any part of the face or neck. No sweating, long hot showers, Jacuzzis, swimming, nor sun tanning. Lastly, no chemical or laser peels.

### **What to Avoid Four Weeks After your Semi-Permanent Eyebrow procedure:**

Now your brows have gone through the hardest part of the healing process, you can relax, and rest assured that they will continue to look better as each day passes leading up to your touch-up appointment. Please continue to avoid chemical peels and any other forms of exfoliation including creams.

### **Other Important Things to Know:**

Plan for 2 full hours on the day of your Semi-Permanent eyebrow appointment. As you start to relax while lying down for the procedure, you may find the room a little cold. A sweater or jacket is suggested as we cannot supply any blankets for sanitary reasons.

The sound of the Semi-Permanent eyebrow device, while not loud, can be bothersome, so headphones to listen to your music are recommended.